Welcome to the **CyberHealthY newsletter!**

AUGUST 2026

CyberHealthY

Co-funded by the European Union

Digital Wellbeing and Mental Health for Youth



6 partners
5 countries

Belgium Spain Italy Poland Greece

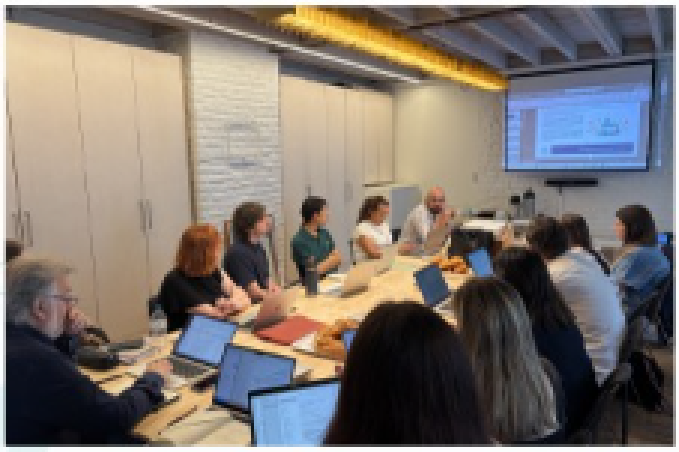
ABOUT CYBERHEALTHY:

The project delivers targeted **mental health** promotion and **digital wellbeing education** to **young people** from **vulnerable communities across Europe.**
It connects youth work, non-formal education and digital innovation through the **cyberanimation methodology.**

Co-Funded by the European Union
Type of Action: Erasmus+ KA220-YOU
Total budget: 250.000 €

Duration: 24 months (11/2025-10/2027)
75+ young people engaged
30 trained cyberanimators

volonteurope Finnova DREAMY Action



First in-person consortium meeting #CyberHealthY

26 May 2026

Passa Porta Bookshop, Brussels

CyberAnimation methodology | Project overview | Project management | Field research | Dissemination strategy



READ MORE

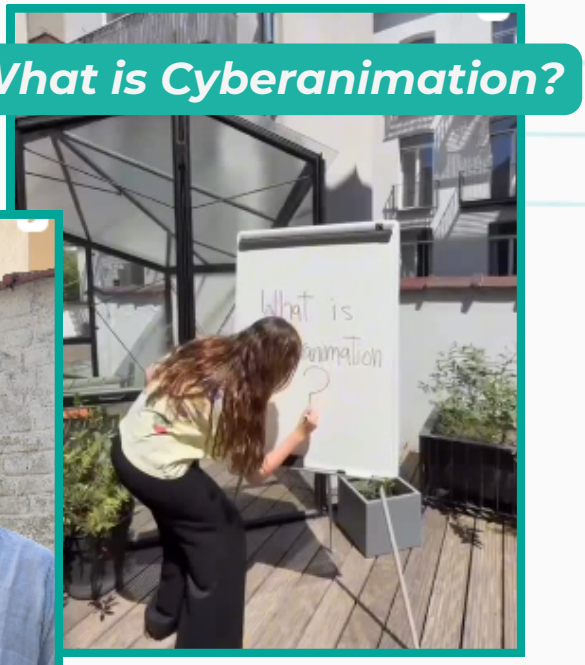
On **26 May 2026**, the CyberHealthY project officially launched with its **first in-person consortium meeting in Brussels**, bringing together partners from **five European countries**.

The meeting focused on the project's **objectives**, **work plan** and the **CyberAnimation** methodology, laying the foundations for training **30 youth workers as** certified **Cyberanimators** to promote **young people's mental health in digital spaces.**

Meet the consortium members and **discover more** about CyberHealthY!







more reels coming soon

Watch our reels and **follow us!**

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